

№	Program Name (CHECK - UP)	Ambulatory treatment	Estimated Cost
1	Neurology	<ul style="list-style-type: none"> <li>• Consultation of a neurologist (primary and repeated);</li> <li>• examination by an ophthalmologist;</li> <li>• general analysis of blood and general analysis of urine;</li> <li>• biochemical analysis of blood (total cholesterol, lipid spectrum, glucose, C-reactive protein, total bilirubin, creatinine);</li> <li>• duplex scanning of the arteries of the head and neck;</li> <li>• X-ray of the spine (one department);</li> <li>• electrocardiogram.</li> </ul>	5600 rub.
2	Cardiology	<ul style="list-style-type: none"> <li>• Consultation with a cardiologist (primary and repeated);</li> <li>• electrocardiogram;</li> <li>• echocardiography;</li> <li>• survey radiography of the chest;</li> <li>• general analysis of blood and urine;</li> <li>• blood test: total cholesterol, HDL, triglycerides, LDL, glucose, C-reactive protein, ALT, AST, total bilirubin, urea, creatinine, KFK, fibrinogen, PTI, sodium, potassium, blackout;</li> <li>• thyroid hormones TSH and free T4;</li> <li>• duplex ultrasound scanning of the arteries of the head and neck;</li> <li>• examination by an ophthalmologist;</li> <li>• treadmill.</li> </ul>	10000 rub.
3	Basic examination	<ul style="list-style-type: none"> <li>• Inspection of the therapist (primary and repeated);</li> <li>• general analysis of blood and urine;</li> <li>• blood chemistry (urea, creatinine, bilirubin, ALT, AST, amylase, creatinine, HDL cholesterol, LDL cholesterol, triglycerides, glucose, potassium, sodium, total calcium);</li> <li>• thyroid hormones TSH and free T4;</li> <li>• electrocardiogram;</li> <li>• Ultrasound of the abdominal cavity and kidneys;</li> <li>• chest x-ray;</li> <li>• FGDS (according to indications);</li> <li>• consultations of narrow specialists - according to indications.</li> <li>• Orthopedic examination</li> </ul>	6550 rub.

		<ul style="list-style-type: none"> <li>• Radiography of joints and spine</li> <li>• joint ultrasound</li> <li>• Complete blood count and biochemical blood test: CRP, uric acid, creatinine.</li> <li>• consultations of narrow specialists - according to indications.</li> </ul>	
4	Orthopedics	<ul style="list-style-type: none"> <li>• Orthopedic examination;</li> <li>• radiography of joints and spine;</li> <li>• joint ultrasound</li> <li>• complete blood count and biochemical blood test: CRP, uric acid, creatinine.</li> </ul>	2550 rub.
5	Rheumatology	<ul style="list-style-type: none"> <li>• Inspection of the rheumatologist (primary and repeated);</li> <li>• radiography of joints and spine;</li> <li>• ultrasound of the joints;</li> <li>• blood test: CRP, rheumatoid factor, CPK, uric acid, total calcium, phosphorus, alkaline phosphatase, creatinine;</li> <li>• densitometry.</li> </ul>	4400 rub.
	Preoperative preparation (for a surgical, orthopedic and ophthalmological hospital)	<ul style="list-style-type: none"> <li>• General analysis of blood and urine;</li> <li>• blood chemistry: glucose, creatinine, ALT bilirubin, AST, cholesterol, hepatitis B and C, RW, HIV, total protein;</li> <li>• APTTV;</li> <li>• Electrocardiogram;</li> <li>• chest x-ray;</li> <li>• X-ray of the paranasal sinuses (for ophthalmologic profile);</li> <li>• gynecologist for women;</li> <li>• examination of an ENT doctor (for ophthalmological profile).</li> </ul>	

<b>№</b>	<b>Program Name (CHECK - UP)</b>	<b>Hospital treatment</b>	<b>Estimated Cost</b>
1	Arthroscopy of the knee	<ul style="list-style-type: none"> <li>• Orthopedic consultation;</li> <li>• inpatient treatment in the orthopedic department - 2 co-days (general ward);</li> <li>• consultation of an anesthetist;</li> <li>• arthroscopy of the knee joint (without the cost of metal structures);</li> </ul>	<b>16580 rub.</b>

		<ul style="list-style-type: none"> <li>• inpatient treatment in the medical rehabilitation department - 10 bed days (without the cost of individual treatment).</li> </ul>	
2	Arthroscopy of the shoulder joints	<ul style="list-style-type: none"> <li>• Orthopedic consultation;</li> <li>• inpatient treatment in the orthopedic department - 2 bed days (general ward);</li> <li>• consultation of an anesthetist;</li> <li>• arthroscopy of the shoulder joint (without the cost of metal structures);</li> <li>• inpatient treatment in the medical rehabilitation department - 10 bed days (without the cost of individual treatment).</li> </ul>	<b>19080 rub.</b>
3	joint replacement (without prosthesis cost)	<ul style="list-style-type: none"> <li>• • Orthopedic consultation;</li> <li>• • inpatient treatment in the orthopedic department - 5 bed days (general ward);</li> <li>• • consultation of an anesthetist;</li> <li>• • joint replacement surgery;</li> <li>• • inpatient treatment in the medical rehabilitation department - 10 bed days (without the cost of individual treatment).</li> </ul>	<b>26030 rub.</b>